Catalog: 2006-2008 Education: (Human Performance & Exercise with Coaching Concentration)
Date:_____ Name: _____
Adviser: _____ Telephone: _____
e-mail: _____
Student I.D. # _____ Transfer Student: Yes _____ No _____

BASIC CORE REQUIREMENTS	GRD	HRS	HPES CORE	GRD	HRS
Health 101 (Satisfied with HPES 212)			HPES211 History & Principles of HPES		3
Physical Activity		1	HPES212 Personal & Community Hygiene		3
Physical Activity		1	HPES213 Drugs & Society		3
Physical Activity		1	HPES214 First Aid		3
Physical Activity		1	HPES237 Introductory Statistics		3
			HPES301 Kinesiology & Correctives		3
English 101		3	HPES332 Sports Psychology (WI)		3
English 102		3	HPES341 Test & Measurements In PE & Sp Med		3
English 201		3	HPES351 Physiology of EX		3
English 202		3	HPES403 Org. & Adm. Of HPES (WI)		3
			HPES 405 Internship		3
CST 110		3	HPES407 Motor Development (WI)		3
CST 321 or 331		3	HPES421 Research in Physical Education (WI)		3
					39
COM101 or Philosophy		3	**COACHING CONCENTRATION**		
AR 201 or MU 111		3	HPES220 Sports Nutrition		3
			HPES261 Care and Prevention of Athletic Injuries		3
Lab Science		4	HPES 269 Functional Anatomy/Physiology		3
Lab Science		4	HPES310 Dev Strength/Conditioning Programs		3
			Choose 3 from: HPES 311, 312, 313, 314, 317		9
Mathematics (Beyond 101)		3	HPES322 Facilities Management		3
					24
History		3			
History		3			
CIS 100 or CIS 101		3			
Choose from: BA,EC,GEO,PS,PSY, or SA		3			
Electives		14			
ZCV007		0			
Total Core		65	Total Major w/ Concentration		63
			Total Hours		128

Degree Plan _____

Dates of Office Visits:

_____ _____ _____

_____ _____ _____

_____ _____ _____

_____ _____ _____

One Non-Credit service component is required while in this program (ZCV007)

Freshman	**up to 29 hrs**
Sophomore	**30-59**
Junior	**60-89**
Senior	**90 or more**

Writing Proficiency: _____
C or above in EN101,102, & WI courses
Total Advance Hours (42) _____

Transfer Credit: _____

Transient Credit: _____