

Catalog: 2006-2008

Education: (Human Performance & Exercise with Exercise Physiology Concentration )

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Adviser: \_\_\_\_\_

Telephone: \_\_\_\_\_

e-mail: \_\_\_\_\_

Student I.D. # \_\_\_\_\_

Transfer Student: Yes \_\_\_\_\_ No \_\_\_\_\_

BASIC CORE REQUIREMENTS	GRD	HRS	HPES CORE	GRD	HRS
Health 101 (Satisfied with HPES 212)			HPES211 History & Principles of HPES		3
Physical Activity		1	HPES212 Personal & Community Hygiene		3
Physical Activity		1	HPES213 Drugs & Society		3
Physical Activity		1	HPES214 First Aid		3
Physical Activity		1	HPES237 Introductory Statistics		3
			HPES301 Kinesiology & Correctives		3
English 101		3	HPES332 Sports Psychology (WI)		3
English 102		3	HPES341 Test & Measurements In PE & Sp Med		3
English 201		3	HPES351 Physiology of EX		3
English 202		3	HPES403 Org. & Adm. Of HPES (WI)		3
			HPES 405 Internship		3
CST 110		3	HPES407 Motor Development (WI)		3
CST 321 or 331		3	HPES421 Research in Physical Education (WI)		3
					39
COM101 or Philosophy		3	<b>EXERCISE PHYSIOLOGY CONCENTRATION</b>		
AR 201 or MU 111		3	HPES 251 Foundations of Athletic Training/Term		3
			HPES261 Care and Prevention of Athletic Injuries		3
Lab Science		4	HPES269 Functional Anatomy/Physiology		3
Lab Science		4	HPES310 Dev Strength/Conditioning Programs		3
			HPES322 Facilities Management		3
Mathematics (Beyond 101)		3	HPES363 Evaluation of Musculoskeletal Inj/illness		3
			HPES367 Therapeutic Exercise		3
History		3	Advisor approved 300-400 upper level hours		3
History		3			24
CIS 100 or CIS 101		3			
Choose from: BA,EC,GEO,PS,PSY, or SA		3			
Electives		14			
<b>ZCV007</b>		0			
Total Core		65	Total Major w/ Concentration		63
			Total Hours		128

Degree Plan \_\_\_\_\_

Dates of Office Visits:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

One Non-Credit service component is required while in this program (ZCV007)

Freshman up to 29 hrs  
 Sophomore 30-59  
 Junior 60-89  
 Senior 90 or more

Writing Proficiency: \_\_\_\_\_  
 C or above in EN101,102, & WI courses  
 Total Advance Hours (42) \_\_\_\_\_

Transfer Credit: \_\_\_\_\_

Transient Credit: \_\_\_\_\_