Catalog: 2008-2010 Education: (Human Performance & Exercise with Exercise Physiology Concentration)
Date:_____ Name: _____
Adviser: _____ Telephone: _____
e-mail: _____
Student I.D. # _____ Transfer Student: Yes _____ No _____
_____

BASIC CORE REQUIREMENTS	GRD	HRS	HPES CORE	GRD	HRS
Health 101 (Satisfied with HPES 212)			HPES211 History & Principles of HPES		3
Physical Activity		1	HPES212 Personal & Community Hygiene		3
Physical Activity		1	HPES213 Drugs & Society		3
Physical Activity		1	HPES214 First Aid		3
			HPES237 Introductory Statistics		3
English 101		3	HPES301 Kinesiology & Correctives		3
English 102		3	HPES332 Sports Psychology (WI)		3
English 201, 202, 311, 312, 321, 322		6	HPES341 Test & Measurements In PE & Sp Med		3
			HPES351 Physiology of EX		3
			HPES403 Org. & Adm. Of HPES (WI)		3
CST 310		3	HPES 405 Internship		3
CST 321 or 331		3	HPES407 Motor Development (WI)		3
			HPES421 Research in Physical Education (WI)		3
COM101 or Philosophy		3			39
			EXERCISE PHYSIOLOGY CONCENTRATION		
AR 201 or MU 111		3			
			HPES 251 Foundations of Athletic Training/Term		3
Lab Science		4	HPES261 Care and Prevention of Athletic Injuries		3
Lab Science		4	HPES269 Functional Anatomy/Physiology		3
			HPES310 Dev Strength/Conditioning Programs		3
Mathematics (Beyond 101)		3	HPES322 Facilities Management		3
			HPES363 Evaluation of Musculoskeletal Inj/illness		3
			HPES367 Therapeutic Exercise		3
History 101, 102, 201, 202		6	Advisor approved 300-400 upper level hours		3
					24
CIS		3			
Choose from: BA,EC,GEO,PS,PSY, or SA		3			
Electives		15			
***ZCV007**		0			
Total Core		65	Total Major w/ Concentration		63
			Total Hours		128

Dates of Office Visits:

_____ _____ _____ _____ _____ _____

_____ _____ _____ _____ _____ _____

Degree Checklist: Degree Plan _____Writing Proficiency: (C or above in EN101,102, & WI courses) ____ Total Advance Hours (42) ___
Transfer Credit: _____ Transient Credit: _____ Chapel Requirements (ZCV007):_____ Total Hours (128)_____

***CHAPEL REQUIREMENTS**

In keeping with the stated mission of the institution, the purpose of chapel is to offer students well-planned programs providing for Christian growth and maturation. Beginning Fall 2008, Chapel ZCH 007 will be required for all enrolled students. Chapel requirements are based on student classification.
Students entering as freshmen (0-29 hrs.) complete 4 semesters.
Students entering as sophomores (30-59 hrs.) complete 3 semesters.
Students entering as juniors or seniors (60 or more hrs.) complete 1 semester.
Students pursuing associate degrees complete 1 semester.
Students who transfer to the University of Mobile from an institution that requires chapel may transfer credit from that institution. The amount of credit will be determined by the Registrar.

Chapel services are conducted during the dedicated Wednesday 11:00 hour. Students are expected to attend all chapel services with 1 absence allowed. Students must register in order to receive credit.