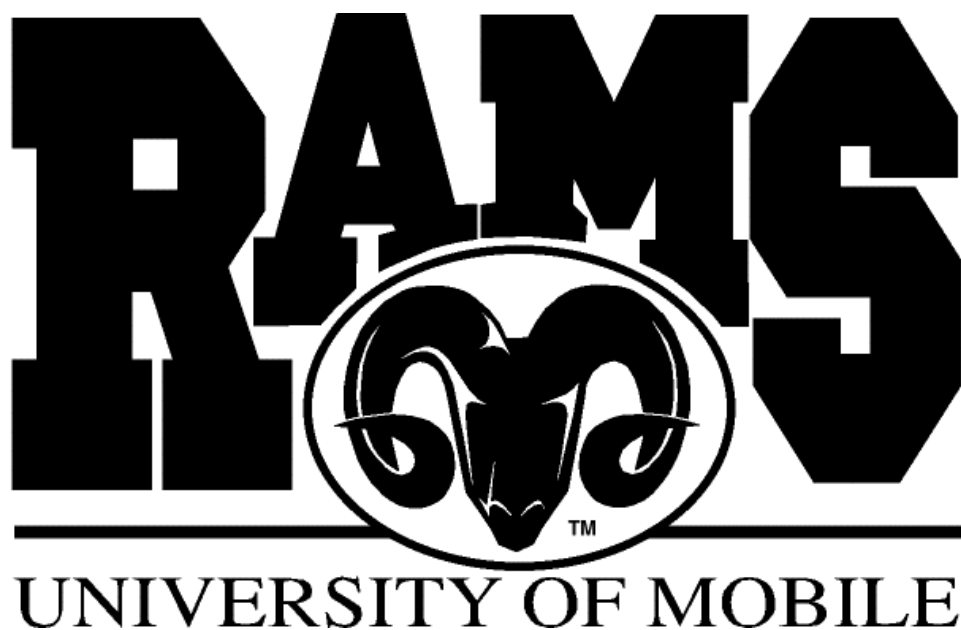


# Student-Athlete Handbook



**Department of Intercollegiate Athletics**

**2008-2009**

# Table of Contents

Athletic Department Directory	1
Mission Statement	2
Conference Affiliation	2
Basic Eligibility Rules	2
Code of Conduct	3
Student-Athlete Grievance Procedure	4
Missing Classes Due to Competition	4
Drug, Alcohol and Controlled Substances Testing Policy	5-10
Athletic Training/Insurance	11-13
Recommended Local Physicians	13-14
Miscellaneous	14-15
Awards	
Awards Banquets	
5 <sup>th</sup> Year Degree Completion Scholarship (DCS) Program	
GCAC Honor Roll	
Granting Releases	
Ram Club	
Scholar-Athlete Graduation Award	
Scholar-Athlete Society	
Student-Athlete Advisory Council	
Student Success Center	
Summer School	
Team G.P.A. Award	
Tutoring	
Acknowledgment and Consent Form/ NAIA Champions of Character Pledge	Appendix A

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# Directory

## Department of Intercollegiate Athletics

<b>Name</b>	<b>Sport/Office</b>	<b>Office</b>	<b>Cell</b>	<b>E-mail</b>
Michael Berry	Women's Basketball	442-2400	545-6323	MBerry@mail.umobile.edu
Maggie Blaylock	Women's Golf	442-2530	716-7883	MaggieB@mail.umobile.edu
Amber Campbell	Volleyball	442-2369	859-445-3850	ACampbell@mail.umobile.edu
Jon Campbell	Volleyball	442-2369	610-1166	jcampbell@mail.umobile.edu
Ebonie Ferguson	Women's Basketball	442-2260	601-480-8686	Eferguson@mail.umobile.edu
Peter Fuller	Men's Soccer	442-2363	583-4711	PeterF@mail.umobile.edu
Matthew Hicks	SID	442-2264	327-8767	MHicks@mail.umobile.edu
Dr. Terry Hopper	Men's Golf	442-2258	680-7455	Mobilegolf@hotmail.com
Janele Huelat	Athletic Training	442-2361	620-687-3911	jhuelat@mail.umobile.edu
Mike Jacobs	Baseball	442-2228	786-4000	MikeJ@mail.umobile.edu
Shaddrick Jenkins	Men's Basketball	442-2399	850-748-4741	sjenkins@mail.umobile.edu
Kevin Laux	Women's Soccer	442-2397	508-2165	klaux@mail.umobile.edu
Terri McCormick	Softball	442-2277	510-0244	tmccormick@mail.umobile.edu
Joe Niland	AD/Men's Basketball	442-2288	490-8252	JoeN@mail.umobile.edu
Brian Person	Women's Soccer	442-2397	533-1149	BrianP@mail.umobile.edu
Holly Person	Men/Women XC	442-2494	985-705-9304	hollyp@mail.umobile.edu
Joel Person	Women's Soccer	442-2397	510-4651	joelp@mail.umobile.edu
Maribel Riera	Softball	442-2277	586-1391	mriera@mail.umobile.edu
Remi Roy	Men's Soccer	442-2396	510-4619	remir@mail.umobile.edu
Jon Seymour	Baseball	442-2306	786-5558	JSeymour@mail.umobile.edu
Sally Shouppe	Administrative Assistant	442-2278	N/A	sshoupp@mail.umobile.edu
Melissa Thomas	Athletic Training	442-2361	604-4269	MelissaT@mail.umobile.edu
Uwe Tittl	Men/Women Tennis	442-2364	895-1741	UweT@mail.umobile.edu

## Mission Statement

The mission of the intercollegiate athletic program is to provide programs of distinction, thereby affording students an opportunity to receive a quality Christian education and to compete in athletics at the intercollegiate level.

## NAIA and Conference Affiliation

UM competes at the Division I level of the National Association of Intercollegiate Athletics (NAIA), and is a member of the Gulf Coast Athletic Conference (GCAC). There are 10 members of the GCAC:

Belhaven College	Jackson, Mississippi
Dillard University	New Orleans, Louisiana
Louisiana State University-Shreveport	Shreveport, Louisiana
Loyola University	New Orleans, Louisiana
University of Mobile	Mobile, Alabama
Southern University in New Orleans	New Orleans, Louisiana
Spring Hill College	Mobile, Alabama
Tougaloo College	Tougaloo, Mississippi
William Carey College	Hattiesburg, Mississippi
Xavier University	New Orleans, Louisiana

UM sports for which the GCAC currently recognizes conference champions are: baseball, men's and women's basketball, men's and women's cross country, men's and women's tennis and volleyball.

## Basic NAIA Eligibility Rules

1. Entering freshmen must meet two of the three following criteria:
  - a.) Achieve a minimum of 18 on the Enhanced ACT or an 860 on the SAT.
  - b.) Have had a minimum of a 2.0 high school grade point average.
  - c.) Have graduated in the top half of his/her high school graduating class.
2. Each athlete must register for at least 12 hours for the Fall and Spring semesters.
3. **IMPORTANT:** Dropping below 12 hours will render you ineligible. You must obtain your coach's approval to drop a course.
4. All student-athletes must have passed 24 hours in the previous two semesters in order to be eligible. Up to 12 hours earned during the summer may be applied to the 24-hour rule.
5. Upon reaching your junior academic standing, you must have at least a 2.0 GPA.
6. To play a third season, you must have earned 48 hours; to play a fourth season, 72 hours.
7. Repeat Courses: There are special rules, depending on the grade earned in the previous course, as to whether or not it can be counted towards the 24-hour rule. Check with your coach for clarification.

## **Code of Conduct**

Each student-athlete associated with the intercollegiate athletics program is expected to represent UM in an honorable and respectful manner at all times. Student-athletes are highly visible University representatives to the student body and the community.

UM student-athletes are expected to adhere to the *Student-Athlete Pledge* as set forth by the NAIA "Champions of Character" program. The Pledge is located at the back of this Handbook and you are expected to sign and return the Pledge to the athletic department.

While participating in the athletic program, student-athletes are expected to accept the following responsibilities:

### **Academics:**

- Attend classes regularly and complete all academic assignments.
- Maintain academic eligibility as defined by the NAIA.
- Be honest and truthful in all academic work, contacts with faculty/staff and interactions with fellow students.

### **Athletic Competition:**

You are expected to conduct yourself in competition in a respectful and sportsmanlike manner. Unacceptable behavior includes, but is not limited to:

- Taunting opponents, coaches or fans.
- Abusing officials, either physically or verbally.
- Using profanity in practices or games.
- Fighting with an opponent, before, during or after a competition.
- Throwing objects in an attempt to cause harm or express anger.
- Making derogatory statements to the media directed at fellow athletes, coaches or UM.

### **General Conduct:**

- Abide by the rules and regulations of the University of Mobile.
- Refrain from consuming alcoholic beverages or illegal drugs. Student-athletes are randomly tested for these substances (see policy that follows this section.)
- Refrain from participating in any gambling activity that involves intercollegiate or professional athletics.

### **Specific Team Rules:**

Coaches may have team rules that may be more stringent than the athletic department's rules and may cover areas not cited above or in the *UM Student Handbook*.

## **Student-Athlete Grievance Procedure**

The following procedures have been established to help guide a student-athlete through a potential grievance (with a staff member of the Athletic Department) and hopefully settle the matter in a professional manner:

1. The student-athlete should meet with the staff member with whom he/she has a grievance.
2. If the grievance is not resolved to the satisfaction of the student-athlete, the student-athlete should write a statement in full detail about the grievance and submit that statement to the Athletic Director. The Athletic Director's office will then set up an appointment between the student-athlete and the AD.
3. After the first meeting between the student-athlete and the AD, a second meeting may be called to include the person against whom the grievance has been filed.
4. If the grievance is still not resolved to the satisfaction of the student-athlete, the student-athlete may submit his/her statement to the Vice President Enrollment Management. The Vice President will respond to the student-athlete within five (5) working days and may subsequently call for a meeting between any or all of the aforementioned parties.
5. If the grievance is still not resolved to the satisfaction of the student-athlete, he/she may submit a written appeal to the President.

## **Missing Classes Due to Competition**

Student-athletes are expected to inform instructors as to when they will miss classes due to competition. This must be done in advance of a contest. If a contest is rescheduled due to a rain-out or if a team is playing in post-season, student-athletes are expected to also communicate this information to instructors.

If final exams need to be taken early or rescheduled, a "Request for Change in Examination Schedule" form will be distributed by the coach to his/her athletes. The student-athlete must take the form to each instructor for signature and then return the form to the Vice President of Academics, who gives final approval to requests.

## **Implementation Procedure for Drug, Alcohol and Controlled Substances Testing Policy For Intercollegiate Athletes**

1. Each year all student-athletes must sign the then current *Drug, Alcohol and Controlled Substances Testing Policy for Intercollegiate Athletes Acknowledgment and Consent Form* (the “*Acknowledgment and Consent Form*”) before participating in intercollegiate athletics at the University of Mobile. The *Acknowledgment and Consent Form* must be signed before the student-athlete can attend any team practice or participate in any intercollegiate sporting event for that year. The failure to complete and sign the *Acknowledgment and Consent Form* will result in the student-athlete being prohibited from attending or participating in team practices and intercollegiate competitions and may result in the student-athlete losing any athletic scholarships or aid he/she may be receiving. The current version of the *Acknowledgment and Consent Form* is located on the last page of the *Student-Athlete Handbook*, and it may be amended, with or without notice, at the sole discretion of the University.
2. The University may conduct unannounced, random drug tests at any time of intercollegiate student-athletes. If athletic eligibility has expired but the student-athlete continues to receive aid, he/she will still be considered a student-athlete and subject to being tested. The University may also conduct suspicion-based drug tests of student-athletes who the University reasonably suspects of using a banned substance or of the illegal use, unauthorized use or abuse of alcohol. Additionally, a student-athlete may be subject to testing if the student-athlete previously was found to be in violation of University drug and alcohol policies.
3. During a random drug test, one or more student-athletes from each of the teams/sport categories will be randomly selected for drug testing. For purposes of the preceding sentence, women’s tennis, men’s cross country and women's cross country will be considered one team due to the relative size of these teams. Reasonable suspicion drug tests may be administered at the same time as a random drug test or at any other time.
4. Each student-athlete selected to be tested will be notified, in writing, on or before the day of the test by being served with the *Student-Athlete Notification Form*. A student-athlete selected to be tested will read and sign the *Student-Athlete Notification Form*, and the time and date of notification will be recorded.
5. The University may test for any banned drug or substance, for alcohol, and for any evidence of tampering with any sample or manipulating or attempting to manipulate any drug or alcohol test.
6. The presence in a student-athlete’s urine of a substance and/or metabolite of a substance belonging to a class of banned drugs will be treated as a positive test result, except as noted herein. The presence of a substance and/or metabolite of a substance of a banned drug class will be determined by analysis of the student-athlete’s urine and confirmed by gas chromatography/mass spectrometry.

7. The current *Testing Protocol* is available at the Athletic Department and the office of the Vice President Enrollment Management. A copy of the testing protocol will also be provided to the student-athlete with the *Student-Athlete Notification Form* and will be available at the collection station. The *Testing Protocol* may be amended from time to time, with or without notice, at the sole discretion of the University.

8. A student-athlete's: (1) failure to sign the *Student-Athlete Notification Form*; (2) failure to sign the *Student-Athlete Signature Form*; (3) failure to arrive at the collection station at or by the designated time without justification; or (4) failure to provide a urine specimen according to protocol shall be treated as a positive test for a "Street Drug," the most severely-sanctioned banned substance.

9. Sanctions.

1. A student-athlete who tests positive for any banned substance that is not in the "Street Drug" class of banned substances, or for the unauthorized or illegal use of alcohol, will be subject to the following sanctions:

A. First Offense. A student-athlete who tests positive for the first time as a University of Mobile student-athlete will be suspended for the first available two weeks of competition in the student-athlete's respective sport. Eligibility for practice and athletic aid will be retained. The Athletic Director or designee shall notify the student-athlete's parent(s) or legal guardian(s) and head coach. The student-athlete will be responsible to meet with a drug education professional at his/her own expense to establish an educational program which must be submitted to the athletic director before the athlete is allowed to return to competition. In addition, the student-athlete will automatically be tested at the next random testing date and may be tested at one or more random testing dates in any year in which the student-athlete intends to participate in intercollegiate sports.

B. Secondary Offense. A student-athlete who tests positive after having previously tested positive while a University of Mobile student-athlete will be suspended from the intercollegiate athletic program for the remainder of the academic year and will immediately lose all athletic aid. The Athletic Director or designee shall notify the athlete's parent(s) or legal guardian(s) and head coach. In addition, the student-athlete will automatically be tested at every subsequent random testing date for so long as the student-athlete intends to participate in intercollegiate sports.

C. In addition to the above, a student-athlete found in violation of this *Policy* may be subject to further or additional disciplinary action and/or treatment as outlined in the Student Conduct section of the University of Mobile *Student Handbook*.

2. A student-athlete who tests positive for any banned substance in the "Street Drug" class of banned substances will be subject to the following sanctions (even if the substance is also within another class of banned substances):

A. First Offense. A student-athlete who tests positive for the first time while a University of Mobile student-athlete will be suspended from the intercollegiate athletic program for the remainder of the academic semester. The Athletic Director or designee shall notify the student-athlete's parent(s) or

legal guardian(s) and head coach. Prior to any future participation in the athletic program, the student-athlete will be responsible to meet with a drug education professional at his/her own expense to establish an educational program that contains a minimum of 10 contact hours with a counseling professional which must be submitted to the athletic director for approval before the athlete is allowed to return to competition. In addition, the student-athlete will automatically be tested at the next random testing date and may be tested at one or more random testing dates in any year in which the student-athlete intends to participate in intercollegiate sports.

B. Second Offense. A student-athlete who tests positive after having previously tested positive while a University of Mobile student-athlete will be dismissed from the intercollegiate athletic program for the remainder of the academic year and will immediately lose all athletic aid. In addition, the student-athlete will automatically be tested at all future random testing dates in any year in which the student-athlete intends to participate in intercollegiate sports.

C. In addition to the above, a student-athlete found in violation of this *Policy* may be subject to further or additional disciplinary action and/or treatment as outlined in the Student Conduct section of the University of Mobile *Student Handbook*.

10. Appeal Process. If an athlete believes the facts on which the sanction(s) were based are erroneous, or that the sanction(s) should not be imposed, the athlete may file a written appeal with the Athletic Director within 15 days after the receipt of the sanctions(s). The appeal must include any information that might change the factual findings of the imposed sanctions(s). The Athletic Director will review the information submitted by the athlete and may reconsider the factual findings and sanctions(s) if the Athletic Director believes a basis exists for the appeal. The Athletic Director shall make the final decision regarding the appeal and will notify the athlete in writing of the decision.

11. Exceptions. The list of banned-drug classes is comprised of substances that are generally reported to be performance enhancing and/or potentially harmful to the health and safety of student-athletes. The University recognizes that some banned substances are used for legitimate medical purposes. Accordingly, the University may allow an exception to be made for those student-athletes with a documented medical history demonstrating the need for regular use of such a drug. Exceptions may be granted for substances included in the following classes of banned drugs: stimulants, beta blockers, diuretics and peptide hormones. Exceptions will not be granted for any substances in any other classes of banned drugs.

12. Procedure for seeking and granting exceptions:

A. Alternative, non-banned medications for the treatment of various conditions exist and should be considered before an exception is pursued.

B. A student-athlete who wants to apply for an exception must provide a written letter from the student-athlete's treating physician diagnosing and explaining the student-athlete's condition or need for the drug, the course of treatment prescribed, the medication prescribed and the dosage of the same, and an analysis of the student-athlete's ability to safely practice, train and compete in the sport(s) in which the student-athlete intends to compete. The student-athlete's medical history should also be provided.

C. This information will be considered by the Athletic Director or his/her designee who may request additional information or documentation he/she deems necessary in evaluating the request.

D. If the Athletic Director or his/her designee is satisfied of the following, he/she may grant the exception: (1) that the student-athlete has a true medical condition that requires treatment by a banned drug; (2) that a banned drug has been properly prescribed by the student-athlete's treating physician; (3) that there are no alternative, non-banned drugs that can be used by the student-athlete to treat his/her condition; (4) that the use of the banned drug in combination with practice, training or participation in the particular sport will not unreasonably endanger the student-athlete; and (5) that the banned drug prescribed by the physician is in one of the following classes of banned drugs: stimulant, beta blocker, diuretic or peptide hormone.

E. Student-athletes with one or more exceptions may still be tested. In the event that a student-athlete is tested and tests positive for only those banned substances for which the student-athlete has an exception, such positive test result will be treated as a negative test result for enforcement and disciplinary purposes. If a student-athlete who has certain exceptions tests positive for banned substances for which he/she does not have an exception or if the student-athlete fails to otherwise comply with the University's *Drug, Alcohol and Controlled Substances Testing Policy for Intercollegiate Athletes* and the *Implementation Procedure and Testing Protocol* for the same, that student-athlete will be subject to the same enforcement and disciplinary actions as if he/she had no exceptions.

F. Requests for exceptions will be reviewed by the Athletic Director whose determination will be final.

13. Additional Banned Drugs and Banned Procedures. The use of the following drugs and/or procedures is subject to certain restrictions and may or may not be permissible, depending on limitations expressed in these guidelines and/or the quantities of these substances used.

A. Blood Doping. The practice of blood doping (the intravenous injection of whole blood, packed red blood cells or blood substitutes) is prohibited and any evidence confirming use will be cause for action consistent with that taken for a positive drug test.

B. Local Anesthetics. The University allows and permits the limited use of local anesthetics under the following conditions:

1. That procaine, xylocaine, carbocaine or any other local anesthetic may be used, but not cocaine;
2. That only local or topical injections can be used (i.e., intravenous injections are not permitted), and
3. That use is medically justified only when permitting the athlete to continue the competition without potential risk to his or her health.

C. Manipulation of Urine Samples. The University bans and prohibits the use of substances and methods that alter the integrity and/or validity of urine samples provided during drug testing. Examples of banned methods are catheterization, urine substitution, and/or tampering or modification of renal excretion by the use of diuretics, probenecid, bromantan or related compounds, and epitestosterone administration.

D. Beta 2 Agonists. The use of beta 2 agonists is permitted by inhalation only.

E. Alcohol.

14. Alcohol Policy. The University prohibits the illegal use of alcohol by its student-athletes, such as underage drinking. The University also prohibits any student-athletes from possessing, consuming, using, selling, transferring or being under the influence of alcohol on school property or school grounds, on athletic road trips, at school functions, and prior to or during athletic practices or competitions. The University further prohibits the abuse of alcohol, such as public drunkenness, by its student-athletes. A student-athlete who tests positive for alcohol may be subject to the same sanctions detailed in Section 9(1), above, if it is determined that the alcohol was consumed in an unauthorized or illegal manner under this *Policy*. The University reserves the right to treat all student-athletes who test positive for alcohol, even if their consumption of alcohol was not illegal or unauthorized under said *Policy*, in the same manner that any other student would be treated for the same offense of the *Drug and Alcohol Policy* found in the Student Handbook.

15. Record retention. The University will maintain all test results, both positive and negative, for the time the student-athlete remains enrolled at the University of Mobile. Upon the student-athlete departing the University of Mobile, all test results will be discarded.

16. Confidentiality. The University will strive to maintain the confidentiality of the results of all positive test results. Only the following persons will be notified by the University of a positive test result: the student-athlete, the Athletic Director, the Vice President Enrollment Management, the head coach of the student-athlete; the parent(s) or legal guardian(s) of the student-athlete, and any University counselors or therapists (if any). The University of Mobile will not initiate contact with any law enforcement agency and will not disclose the results of any test conducted under these procedures to any law enforcement agency or any third party except under valid court order or subpoena.

17. Banned substances are any drug or substance in one or more of the following drug classes: Stimulants, Anabolic Agents, Street Drugs, Diuretics, and Peptide Hormones and Analogues. A non-exhaustive list of examples of drugs and substances in these drug classes is attached hereto as Exhibit "A". No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

For purposes of the *Policy*, the presence of any substance and/or metabolite of any substance which is within any one or more of the above drug classes constitutes a positive result, except as follows:

- (1) for caffeine, a positive test result requires the concentration of caffeine in the urine to exceed 15 micrograms/ml.
- (2) for testosterone, a positive test result is one when the administration of testosterone or the use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.
- (3) for marijuana and THC, a positive test result requires the concentration of the THC metabolite in the urine to exceed 15 nanograms/ml.

The term "related compounds" on Exhibit "A" comprises substances that are included in the class by their pharmacological action and/or chemical structure.

Supplements. Nutritional supplements may contain substances banned by the University. A student-athlete is responsible for knowing the content of any supplements they are taking, if any. For questions regarding

nutritional supplements, a student-athlete can contact the National Center for Drug Free Sport Resource Exchange Center (REC) at (877) 202-0769 or [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec), but the ultimate responsibility remains with the student-athlete.

Approved by the Board of Trustees, University of Mobile, April 2001. Revised April 2003, as approved by Dr. Mark Foley, President.

## **Athletic Training/Insurance**

### **Pre-Participation Physicals**

Each athlete is required to have a physical before the first practice of the season begins. The physical must be on file with the head athletic trainer prior to any team practice, scrimmage, or athletic event.

There will be annual physicals given at the University of Mobile prior to the start of each Fall semester. There is no fee for these physical exams. A student may have his/her physical exam prior to arriving on the campus at his/her own expense. All transfers or incoming freshmen are requested to have their pre-participation physicals done at home prior to arriving at UM. Physical examinations are only valid for one year from the date of service.

### **Insurance**

All international students are required to be enrolled in the University's student insurance program.

The University of Mobile provides the following types of insurance for the student-athletes:

#### **1. Basic athletic injury**

Coverage is provided while: (a) participating in play or practice of an intercollegiate sport sponsored by the policyholder; (b) traveling directly to or from play of an intercollegiate sport, as a team or member of a group; (c) off-season physical conditioning of an intercollegiate sport. Important: This policy does not include coverage of injuries incurred in competition outside of the NAIA-sanctioned 24-week season.

#### **2. Lifetime catastrophic insurance**

For lifetime rehabilitation, medical and dental expenses as well as limited loss of earnings coverage in the case of total disability.

This insurance is a full excess plan of benefits. This means that all bills must first be submitted to any other medical insurance carrier (primary insurance company) with whom the athlete may be insured.

If the primary medical insurance carrier does not cover all of the medical/dental expenses incurred, the bills may then be submitted to the head athletic trainer. All applicable itemized bills and corresponding records of payment or denial (explanation of benefits) must also be submitted.

\*\*\* Note: This insurance does not cover general medical illnesses incurred by the student-athlete. There is a Student Health Insurance Plan that may be purchased by the student.

## **Physician Visits**

Athletes must immediately report all intercollegiate-related sports injuries to the athletic trainer who will arrange for the athlete to see a physician, if needed. All visits to a physician need to be prearranged by the athletic trainer, or in the case of an emergency, need to be reported to the trainer as soon as possible.

If a student-athlete contracts a general illness, he/she may contact a local physician (see Recommended Local Physicians, pages 13-14). Neither the athletic department nor the athletic training office is responsible for any general illness expenses. Student-athletes are responsible for all general illness physician costs and medications. For domestic students, questions regarding this policy should be referred to your head coach. For international students, questions regarding this policy should be referred to the Office of Enrollment Management.

## **Claim Form Procedure**

The procedure for filing a claim is as follows:

1. The athlete reports an injury to the athletic trainer. If the coach is supervising the practice in the absence of the athletic trainer, the coach will instruct the athlete on procedure.
2. The athlete should take his/her primary insurance information and the excess claim form to the physician or emergency room.
3. The athlete is to mail the claim form, the itemized bills, and the explanation of benefits to their primary insurance company. All copies and additional material may be brought to the athletic trainer or head coach.

## **Training Room Policies and Procedures**

### **Hours of Operation**

The hours of operation for the athletic training room will be from 10:00 a.m. till 6:00 p.m. on Monday through Friday or until the last scheduled practice or game is over. Saturday hours will directly depend upon scheduled practices and game times. The training room will be open approximately one hour prior to practice in order for taping and treatments to be performed.

### **Treatment Times**

Daily between the hours of 12:30 p.m. and 3:00 p.m., will be designated for taping and heating only. All assessments and treatments must be done prior to 12:30 or after 3:00.

**Special treatment will be given only to those teams in season. Any emergency injury that occurs during practice time is exempt from this rule.**

**\*\*\* There will be no Sunday treatments \*\*\***

## **Methods of Treatment for athletic injuries:**

1. Any injuries will first be reported to the athletic training staff.
2. Athletes will be treated in the order that they enter the training room, with the exception of priority injuries.
3. The athletic trainer will then refer appropriate injuries to the team physician.

**\*\*\* NO CARE WILL BE GIVEN OR COVERED BY THE UNIVERSITY OF MOBILE ATHLETIC DEPARTMENT UNLESS THE ABOVE STEPS ARE TAKEN. \*\*\***

In the event that an athlete sees a private physician without consent from the training staff, head coach, or Athletic Director, it will become the student's responsibility to handle and pay for all medical bills for that injury.

## **Methods of Treatment for sickness/illness:**

### **Day Hours::**

1. Athlete should contact their coach regarding sickness or illness.
2. Athlete should then call school nurse for care.
3. If nurse is not available, contact any of the posted physicians for an appointment.
4. Meet with athletic trainer to discuss the appointment times and if there are any restrictions regarding physical activity.

### **Late Night:**

1. Athlete should contact resident advisor and make a decision regarding possible emergency.
2. If an emergency: Contact coach – seek treatment at Mobile Infirmary Hospital.
3. Meet with athletic trainer the next day to determine course of action to be taken regarding physical activity.

If you need to contact the training staff for additional information:

Training Room: (251) 442-2561-Melissa Thomas      (251) 442-2361-Janele Huelat  
(251) 604-4269 Melissa's cell      (620) 687-3911 Janele's cell

## ***Recommended Local Physicians***

### **General Practice**

Providence Family Physicians  
Airport Blvd  
Dr. Daniel Spriggs  
639-5070  
M-F: 8-4 (Appt only)

Northside Clinic – Saraland  
Dr. Valentine/Dr. Carver  
675-4733  
M-F: 8-4 (appt only)  
Sat: 9-11 (1<sup>st</sup> come/1<sup>st</sup> serve)

### **Ears, eyes, ears, throat**

Premier Medical – Dauphin Street  
341-3368

### **Dentist**

Dr. James Whatley – Old Shell Road  
334-5461

Dr. Diana Tedder - Satsuma  
679-9428

**Chiropractor**

Atlas Chiropractic - Saraland  
Dr George Burroughs  
679-1996

**Gynecologist**

Mobile Infirmary Medical Center  
Dr. Helen Rogers  
476-2255

**Counseling**

On site at UM

**Emergency Room**

Mobile Infirmary Medical Center  
Spring Hill Avenue

Springhill Hospital  
Dauphin Street

Providence Hospital  
Airport Blvd West

If an athlete has a sickness any of these physicians can be utilized. During the day: contact (1) Coach, (2) Athletic Trainer and (3) Physician (In that order). At night: contact (1) Resident Advisor, (2) Coach, and if emergency go to local hospital.

**Miscellaneous**

**Awards.** *Lettering criteria is up to each individual coach.*

**Awards Banquets.** Each sport may hold its own awards banquet and may choose the type of awards it gives.

**Fifth-Year Degree Completion Scholarship (DCS) Program.** Student-Athletes may apply in their senior year. Contact your head coach for more information. **Application deadline, including completed F.A.F.S.A. is March 1<sup>st</sup>.**

**GCAC Honor Roll Awards.** Athletes who achieve a cumulative grade point average of 3.0 or higher for the semester in which they compete are eligible for the Conference Honor Roll. Freshmen and transfers are not eligible. Fall Sport Honor Roll certificates are presented at respective team banquets, at the end of the Spring semester. Spring Honor Roll certificates are presented at the Fall Athletics Convocation.

Note: Only athletes who are certified by the Registrar in NAIA-sponsored sports are eligible for academic awards.

**Granting Releases for current student-athletes.** In order for a currently enrolled student-athlete at the University of Mobile to receive a release to transfer and play for another institution, the student-athlete must inform his/her coach in writing at least sixty (60) days prior to the last day of classes for the semester. If this is followed, a release will be granted. Otherwise, the student-athlete may be subject to any national association and/or conference penalties that regulate transferring to another institution.

**Ram Club.** Philanthropy is an important part of any university's financial existence, and philanthropy is especially important in the realm of intercollegiate athletics. Through donations and gifts, our athletic program is able to provide additional opportunities for our student-athletes. As a result, each sport has its own Ram Club to meet specific fundraising needs. Parents of student-athletes and athletic alumni are asked to contribute to the Ram Club. After you graduate, you will be expected to "give something back" to the program that gave you an opportunity to compete in intercollegiate athletics.

**Scholar-Athlete Graduation Award.** This award is presented to the graduating senior who has achieved the highest cumulative grade point average as of the end of the Fall semester. The recipient has to have lettered for two seasons prior to his/her senior year and has to have made significant contributions to his/her sport.

**Student Success Center.** Available for personal counseling, career counseling and study skills. Located in Weaver Hall behind Weaver Auditorium.

**Team G.P.A. Award.** Awarded to the team with the highest cumulative grade point average for both Fall and Spring Semesters.

**Tutoring.** Free, on-campus tutoring is available to any registered student who requests it. Tutoring services can be obtained by contacting the academic department of the subject in which help is needed. It is up to you, the athlete, to seek tutorial help whenever you feel it is necessary. Your professors can also be of help in this area, if you request it.

.....Please sign both statements below and return to the Athletic Department.....

### Acknowledgment and Consent Form

#### Drug, Alcohol and Controlled Substances Testing Policy for Intercollegiate Athletes

I acknowledge that I have received a copy of the University of Mobile *Student-Athlete Handbook*, which contains the *Drug, Alcohol and Controlled Substances Testing Policy for Intercollegiate Athletes* (the "Policy"). I have read and understand the *Policy*. I understand that the *Implementation Procedure* and *Testing Protocol* adopted by the University pursuant to the *Policy* are available in the Athletic Department and in the office of the Vice President for Student Development. I further understand that the *Implementation Procedure* and *Testing Protocol* for the *Policy* may be amended from time to time, with or without notice, at the sole discretion of the University. I further understand that, pursuant to the *Policy, Implementation Procedure* and *Testing Protocol*, I may be required to submit to a drug and alcohol test at any time.

\_\_\_\_\_  
Student-Athlete's Name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Athlete's Signature

\_\_\_\_\_  
Sport(s)

\_\_\_\_\_  
Social Security Number

\_\_\_\_\_  
UM Student ID Number

### NAIA Champions of Character Pledge

Each game and practice, in which I participate, will provide me with an opportunity to be a "Champion of Character."

I pledge, as an NAIA student-athlete, to accept the five core character values of the NAIA and will do my best to represent the NAIA, my institution, my teammates, and myself by:

**Respecting** my opponent, the officials, my teammates, the game, and myself;

Taking **responsibility** for my actions in all areas of my life;

Having the **integrity** to stand by my word;

Providing **servant leadership** where I serve others while striving to be a personal and team leader; and

Being an example of **sportsmanship** by holding myself to the highest standards of fair play.

\_\_\_\_\_  
Student-Athlete's Signature

\_\_\_\_\_  
Date